

Ko Maungapohatu tōku maunga

Ko Mataatua tōku waka

Ko Tuhoe tōku iwi

Ko Waipā tōku awa

Ko Ahoroa tōku marae

Ko Rangimeiri tōku māmā

Ko Joseph tōku pāpā

Ko Tai Ahau

My favourite whakataukī is: *He kōangā tangāta tahi, he ngāhuru puta noa.* Translation: Spring planting is done on your own. Autumn time needs many helpers to harvest and store the kai. I like to tidy my bedroom by myself. I really like playing team sports like rugby, touch, and soccer.



Ko Maungahaumi te maunga
Ko Takitimu te waka
Ko Waipaoa te awa
Ko Rongopai te marae
Ko Te Aitangā a Mahaki te iwi
Ko Waituhi te wahi
Ko Anthony tōku pāpā
Ko Hine tōku māmā
Ko Bjoern tōku tuakana
Ko Brigitta tōku tuahine
Ko Orban ahau



My favourite whakataukī is:

Ko taku reo taku ohoooho, ko taku reo taku mapihi mauria. My language grows as I do, with awareness and understanding. I think of when I was a baby and I said my first word. I also think of this whakataukī when I wake up in the morning.

Ko Taranaki tōku maunga
Ko Whangāehu tōku awa
Ko Takitimu tōku waka
Ko Ngāti Apa tōku iwi
Ko Ngāti Ruanui tōku hapū
Ko Niko ahau.



My favourite whakataukī is:

Kāore e pau he ika unahi nui Translation: Don't eat a fish with big scales they're too tough.

This whakataukī reminds me about the time when I caught a big fish that was too tough to eat.

Pukenui-ō-raro te maunga

Mataatua te waka

Waiotahe te awa

Maromahue te marae

Tūhoe te iwi

Tamatea te hapū

No Waiotahe ahau

Ko Steve tōku pāpā

Ko Nicosia tōku māmā

Ko Tara tōku tuakana

Ko Arahia tōku teina

Ko Steven tōku Tungāne

Ko Ngāire-Leigh ahau



My favourite whakataukī is: *Ngā tamariki o te kohu*. Translation: Children of the Mist.

This whakataukī is important to my whanau because it is part of my iwi and we are known as the children of the mist.

Ko Ngongotaha tōku maunga
Ko Utuhina tōku awa
Ko Totorua tōku moana
Ko Te Arawa tōku waka
Ko Te Arawa tōku iwi
Ko Tonohopu tōku tipuna
Ko Kaya tōku māmā
Ko Te Mapu tōku pāpā
Ko Maia tōku teina
Ko Te Aomania ahau.



My favourite whakataukī is: *He aha te mea nui o te Ao? He tangata, he tangata, he tangata.* Translation: What is the greatest thing on earth? It is people, it is people it is people.

I like this whakataukī because it involves the earth and all the people that live there.

Ko Hikurangi tōku maunga
Ko Waiapu tōku awa
Ko Horouta tōku waka.
Ko Ngāti Porou tōku iwi
Ko Breeze tōku pāpā
Ko Jo tōku māmā
Ko Tim ahau



My favourite whakataukī is: *Ki te kahore he whakakitenga ka ngaro te iwi.*

Translation: if you don't plan for the future, the iwi will be lost.

I feel sad because people are lost.

Ko Whakapunaki te maunga

Ko Wairoa te awa

Ko Whakirangi te marae

Ko Takitimu te waka

Ko Matangirau te hapū

Ko Ngāti Kahungunu te iwi

Ko Tim tōku pāpā

Ko Katrina tōku māmā

Ko Cass tōku tuahine

Ko Tai tōku teina

Ko Fernanda tōku pōtiki

Ko Arie ahau

My family's favourite whakataukī is: *He toi whakairo, he mana tangata*

Translation: Where there is artistic excellence, there is human dignity.

My reason: My family's reason is that everything is a masterpiece and that everyone has dignity.



Ko Ngāti Porou raua
ko Ngāti Maniapoto aku iwi
Ko te Aute o te Rangi rāua
ko TuraNgāwaewae āku marae
Ko Hikurangi, Pirongia rāua
ko Taupiri āku maunga
Ko Horouta raua ko Tainui āku waka
Ko Waiapu raua ko Waikato āku awa.
Ko Athol tōku pāpā
Ko Gael tōku māmā
Ko Alyis ahau



My favourite whakataukī is: *Whata ngarongaro te tangata toitū he whenua.*

Translation: People disappear but the land is still there.

This whakataukī reminds me of Lower Hutt – the valley and the hills.

Ko Taupiri te maunga
Ko Waikato te awa
Ko Tainui te waka
Ko Tainui te iwi
Ko Victor tōku pāpā
Ko Maki tōku māmā
Ko Denzel ahau



My favourite whakataukī is: *Waikato taniwhā rau, he piko, he taniwhā, he piko, he taniwhā*. The Waikato river has a hundred taniwhā, one at each bend. This whakataukī has my awa. It also represents my chief's.

Ko Hikurangi te maunga
Ko Taumarere te awa
Ko Ngātokimatauharoa te waka
Ko Ngāpuhi te iwi
Ko Tony tōku pāpā
Ko Ana tōku māmā
Ko Kaysha ahau



My favourite whakataukī is: *He tangata ki tahi*. Someone who speaks once but is listened to. I listen to my Nan a lot. She is a teacher. We talk and bake together.

Ko Tongāriro te maunga
Ko Whangānui te awa
Ko Aotea te waka
Ko Ngāti Tūwharetoa te iwi
Ko David tōku māmā
Ko Ramari tōku māmā
Ko Carol-ann ahau.



Me he korokoro tui. Translation: that person sings as sweetly as a bellbird. All of my whānau love to sing. We belong to a kapa haka group.

Ko Tarawera tōku maunga.
Ko Te Awa o te Atua tōku awa.
Ko Te Arawa tōku waka.
Ko Ngāti Rangitihi tōku iwi.
Ko Rangitihi tōku marae
Ko Keyley ahau



My favourite whakataukī is: *He waka eke noa*. Translation: We are all in this waka together. This whakataukī reminds me of my waka called Arawa. I want my iwi on my waka. I also think Room 10 should work together all the time.

Ko Ngongotaha te maunga
Ko Utuhina te awa
Ko Te Arawa te waka
Ko Te Arawa te iwi
Ko Tunohopu tōku marae
Ko Te Mapu tōku pāpā
Ko Kaya tōku māmā
Ko Te Aomania tōku tuakana
Ko Maia ahau



My favourite whakataukī is: *Tama tū tama ora, tama noho tama mate*. If you are active you live, if you are not active you will die.

This whakataukī reminds me of my dad Te Mapu who is a leader and a teacher who coaches netball and netball . When I hear this whakataukī I also think of my koro who died.

Ko Bernie tōku pāpā
Ko Leigh tōku māmā
Ko Benji ahau



My favourite whakataukī is: *He kākano ahau i ruia mai i rangiatea.*
I have seen my whakapapa. I am Māori.

My dad's side

Ko Taupiri tōku maunga

Ko Waikato tōku awa

Ko Ngāti Maniapoto tōku iwi

Ko Tainui tōku waka

Ko Grant tōku pāpā

My mum's side

Ko Hikurangi tōku maunga

Ko Waiapu tōku awa

Ko Horouta tōku waka

Ko Ngāti Porou tōku iwi

Ko Cherie tōku whaea

Ko Taimana taku tuahine

Ko Hana tāku pepe

Ko Ruauoko ahau.



My favourite whakataukī is: *Whaia e koe te iti kahurangi, ki te tuohu koe, me he maunga teitei.* Translation: Pursue excellence if you should bow let it be to a lofty mountain. To me it means don't give up on the small reasons let it be the big ones.

Ko Taupiri tōku maunga
Ko Waikato tōku awa
Ko Tainui tōku waka
Ko Waikato tōku iwi
Ko Jayson tōku pāpā
Ko Cherie tōku māmā
Ko BJ ahau.



My favourite whakataukī is: *Ka mahi ka ora*. Translation: Work keeps you alive.
I really like to work with my Dad when he is helping people when they are shifting.

Ko Hikurangi tōku maunga
Ko Waiapu tōku awa
Ko Horouta tōku waka
Ko Ngāti Porou tōku iwi
Ko Sean tōku pāpā
Ko Karen tōku māmā
Ko Blake ahau



My favourite whakataukī is: *Ko Hikurangi te maunga, ko Waiapu te awa, ko Ngāti Porou te iwi.* I like this whakataukī because it reminds me of my pepeha.

Ko Taranaki te maunga
Ko Waitara te awa
Ko Tokomaru te waka
Ko Kariau te marae
Ko Te Atiawa te iwi
Ko Justin tōku pāpā
Ko Sharm tōku māmā
Ko Tresaan Healey ahau



My favourite whakataukī is: *E kōre te pātiki e hoki ki tōna puehu*. Translation: A flounder never returns to its own dust.

This whakataukī reminds me of that when I make mistakes in my writing. I have to cross it out and look in a Dictionary to find the word that I want to spell. Sometimes, after I have written the word correctly, I never get it wrong again!

Ko Maungatautari te maunga
Ko Waikatō te awa
Ko Tainui te waka
Ko Ngāti Maniapoto te iwi
Ko Puka tōku pāpā
Ko Lisa tōku māmā
Ko Marli ahau



My favourite whakatuki is: *Ahakoā he iti he pounamu*. Translation: Although it is little, it is made of pounamu.

This whakataukī reminds me of a taongā that has been given to me. It is a bone carving of a lizard that my Dad gave to me.